CAPE PENINSULA UNIVERSITY OF TECHNOLOGY

STUDENT COUNSELLING

STUDENT COUNSELLING STAFF RESEARCH OUTPUT

Postgraduate Degrees

Afrika-Mabuto N
M Psych, University of Western Cape
Developing democratic virtues: Priorities and practices of selected secondary educators in the Cape Town Metropolitan area.

De Villiers A B
MA Clinical Psychology, University of Stellenbosch, 1982
A cognitive behavioural approach to the treatment of neurotic depression.

De Villiers A B
PhD Psychology, University of Cape Town, 1999
Disadvantaged students’ academic performance: Analyzing the zone of proximal development.

Liedeman-Prosch D
M Psych, University of Western Cape, 2003
The experiences of women who encounter emotional/psychological abuse by their male partners

Louw M
MA Clinical Psychology, University of Stellenbosch, 1978
"Die selfbeeld van die gekommiteerde hoërskooldogter in die nywerheidskool"

Louw M
DPhil Psychology, University of Stellenbosch, 1999
The development of a comprehensive psychotherapy model for self-actualization problems during the midlife transition

Nywae K
MA Educational Psychology, University of Western Cape
The attitudes of some South African parents towards inclusive education of their children with mild to moderate mental disabilities
Nyewe K
PhD Psychology, University of Free State, 2011
Sexuality and psychofortogenic variables in a group of Xhosa-speaking adolescents

Petersen C
MA Educational Psychology, University of Western Cape
Social support of parents with mentally handicapped children in the Western Cape

Ramballie A
MA Counselling Psychology, University of Zululand
SAPS: Spillover of organizational culture from work to home environments

Smit E H
MA Counselling Psychology, University of Stellenbosch, 1996
The prediction of academic achievement and career satisfaction in the selection of students in Civil Engineering at the Cape Technikon

Van Sitters, J
M. Psych, University of Western Cape
Hegemonic masculinity and intimate partner abuse: A Qualitative psychological study

Wichman, H
M. Psych, University of Western Cape
Stigma within health care settings: an exploration of the experiences of people living with HIV/and Aids (PLWA's).

Conference Workshops

Ramballie A
Violence on university campuses: A consideration of the instances, impact and the intervention.
29 th Conference of the Southern African Association for Counselling and Development (SAACDHE)
Durban, 1 - 4 September 2008

Smit EH
Training in the Interpersonal Skills Model of Robbins and Hunsaker (1996) as a proposed model for effective life skills training of students – A practical experience
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Natal, Durban, September, 2000
Van der Walt E

Battle of the batteries – Bounding boundaries
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Natal, Durban, September 2000

Conference Posters

De Villiers A B

Student support interventions focusing on emotional aspects of learning
CPUT Research Day
Cape Town, 2 December 2011

De Villiers A B

Developing best practice for Student Counselling within a positive psychology framework
31st Conference of the Southern African Association for Counselling and Development (SAACDHE)
Stellenbosch, 13-16 September 2010

De Villiers A B

Positive psychology, emotional wellness and learner development.
29th Conference of the Southern African Association for Counselling and Development in Higher Education (SAACDHE)
Durban, 1 – 4 September 2008.

De Villiers A B

The use of metaphor in counseling a diverse student population.
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Stellenbosch

De Villiers A B

Ripples of influence: Extending the reach of the Counselling Service.
Annual conference of the South African Society of Student Counsellors (SSCSA)
Cape Technikon

De Villiers A B

The role of Student Counselling in learner support and development.
Conference of the Western Cape Education Department
Cape Town, 2000.
De Villiers A B
Disadvantaged students’ academic performance: Analyzing the zone of proximal development.
Conference of the International Society for Cognitive Education
University of Stellenbosch
Stellenbosch, 1997.

De Villiers A B
The role of Student Counseling in an academic development programme.
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Cape Town

De Villiers A B
Meta-learning.
Annual conference of the South African Society of Student Counsellors (SSCSA)
Port Elizabeth Technikon
Port Elizabeth, 1990.

De Villiers A B & Petersen C
Identifying risk factors for learner development and support.
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Witwatersrand, Johannesburg
September 2005.

De Villiers A B & Daniels L
Focused learner development groups: A case study.
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of the Free State, Bloemfontein

Hanning YJ
Women in Engineering: What inspires them?
Colloquium: Empowering Women in Engineering and Technology
Tunisia, 6-8 June 2007.

Hanning YJ
Multicultural Leadership Foundation Course, An Integrated Model for Student Development.
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of the Free State, Bloemfontein, 1998
Petersen C, Afrika-Mabuto N, Baca, P

Implementing the Myers-Briggs Type Indicator as a strategy to enhance self awareness and learner support
30 th Conference of the Southern African Association for Counselling and Development (SAACDHE)
Gaborone, Botswana
14-16 September 2009

Petersen C, Afrika-Mabuto N, Sijula T F & Van der Walt E

Career decision-making model for educators
29th Conference of the Southern African Association for Counselling and Development (SAACDHE)
Durban, 1 - 4 September 2008

Smit E

Using formative research and the social norming approach to reshape student behavior – The CPUT initiative
CPUT Research Day 2013

Van der Walt E

Regional co-operation – Boundaries crossed and lessons learned (WC regional poster)
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of the Free State, Bloemfontein
September 2004.

Van der Walt E

Comparing the PTEEP (AARP UCT) with the English/Afrikaans Proficiency test for second language users (HSRC)
Annual conference of the South African Society of Student Counsellors (SSCSA)
2001

Van der Walt E

Comparison between the Academic aptitude test, Subtest 1 and the High level Figure Classification Test at Cape Technikon
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Botswana, Gaberone, Botswana, 1999.

Van Sitters J, Petersen, C & Wichman, H

Exploring the attitudes and knowledge of first year students at CPUT with regards to termination of pregnancy
32nd Conference of the Southern African Association for Counselling and Development (SAACDHE)
Sun City, 12 – 15 September 2011
This poster received the **Best Poster Award** at the national SAACDHE conference.

### Conference Papers

**De Villiers A B**

Application of positive psychology concepts in student counseling practice: A framework for growing individuals  
30th Conference of the Southern African Association for Counselling and Development (SAACDHE)  
Gaborone, Botswana,  
14-16 September 2009

**De Villiers A B**

Dynamic testing as an alternative to using the matric marks and static testing for selection purposes  
Seminar on Admissions and Assessment  
University of Western Cape, Cape Town, 2000.

**De Villiers A B**

Disadvantaged students’ academic performance: analyzing the zone of proximal development.  
Annual conference of the South African Society of Student Counsellors (SSCSA)  
University of Botswana, Gaborone, Botswana,  
September 1999.

**De Villiers A B**

An analysis of students’ adaptation to higher education.  
Conference of the International Council of Psychologists.  
Taipei, Taiwan  
1995.

**De Villiers A B**

Disadvantaged students: Analyzing the zone of proximal development.  
International Conference on the First Year Experience.  
Dublin, Ireland  
1994.

**De Villiers A B**

Student learning: Learning to learn.  
Seminar of the teaching and learning subcommittee of the CUP  
University of South Africa, Pretoria  
De Villiers A B

The role of Student Counseling in providing experiential learning (Cooperative Education) to students.
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Witwatersrand, Johannesburg
1988

De Villiers A B, Van der Walt & Dabula P

Being pro-active with positive results: evaluating the effectiveness of an individual counseling service.
Annual conference of the South African Society of Student Counsellors (SSCSA)
Van der Bijlpark North West
September 2007.

Julies Z, Nkibi N, Nyewe P, Wichman H

Survival stories: The poverty-related experiences of female university students
34rd Conference of the Southern African Association for Counselling and Development in Higher Education (SAACDHE)
Port Elizabeth, 8 – 11 September 2013

Hanning Y

Strategies for achieving well-being for non-clinical populations
29th Conference of the Southern African Association for Counselling and Development (SAACDHE), Durban
1 - 4 September 2008

Hanning Y

Cognitive-behavioural factors that contribute to gender specific sexual behaviour
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Stellenbosch, Stellenbosch
September 2003

Hanning Y

Multicultural Leadership Foundation Course, Research Findings and Curriculum Design
NASPA Conference
New Orleans, USA
1999

Hanning Y

Student Counsellors: Change Agents within the Africa Renaissance
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Botswana, Gaberone, Botswana
September 1999
Hanning Y

Ex-political prisoners and their families: An account of their personal experiences
Peace Visions Seminar
Cape Town
1995

Hanning Y & Handley P

Understanding the development of identity within a postcolonial learning environment
Seminar of Department of Behavioural Sciences, Centre for Constructions & Identity
University of Huddersfield
2000

Hanning Y, De Villiers A B & Petersen C

Contextualizing life skills for foundation engineering students.
Annual conference of the South African Society of Student Counsellors (SSCSA)
Mpekweni Beach Resort, Eastern Cape
September 2006.

Nyewe P

The attitudes of the managers towards the placement of students during work integrated
learning period. The implications thereof for student counseling
34rd Conference of the Southern African Association for Counselling and Development
in Higher Education (SAACDHE)
Port Elizabeth, 8 – 11 September 2013

Nyewe P

Back to basics: What influences students to seek psychological help. Examining
students’ attitudes and psychosocial variables
33rd Conference of the Southern African Association for Counselling and Development
in Higher Education (SAACDHE)
Thaba Nchu, Free State, 10 – 13 September 2012

Nyewe P

Sexuality and psychosocial variables in a group of FET students in Cape Town: The
life satisfaction of a group of students in terms of sexual knowledge, attitudes and
biographical variables
32nd Conference of the Southern African Association for Counselling and Development
(SAACDHE)
Sun City, 12 – 15 September 2011

Nyewe P
The relationship between sexual attitudes, sexual knowledge, sexual behaviour and demographic variables among adolescents attending further education and training institutions in Cape Town
30th Conference of the Southern African Association for Counselling and Development (SAACDHE)
Gaborone, Botswana
14-16 September 2009

Smit E H

Enhancing student retention and a student centered higher education culture through a pro-active, collaborative relationship between academics, student support services and students
Conference of Southern African Association of Senior Student Affairs Professionals (SAASSAP)
Stellenbosch, 19 – 21 October 2011

Smit E H

Student Counselling: Timeous identification of students at risk of drop-out or poor academic achievement and appropriate retention interventions
Summer Institute: Faculty of Engineering
Cape Technikon
Cape Town, 2004

Smit E H

The responsibility of Student Counsellors towards interpersonal skills development of Students: The Cape Technikon Experience
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Natal, Durban
September 2000

Smit E H

The evaluation of possible change in inter-cultural awareness among students who attended a peer help training programme
Annual conference of the South African Society of Student Counsellors (SSCSA)
PE Technikon, Port Elizabeth
September, 1997

Smit E H

Admission: Evaluating the prospective students to enable suitable channeling
Annual SAAAD Conference
University of Western Cape, Cape Town
1997

Smit E H

An outline for implementing or improving selection procedures for prospective students
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Zululand
September, 1992

Smit E H & Van der Walt E

Diverse challenges to Student Counselling: Participation in a student retention project
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Stellenbosch, Stellenbosch
September, 2003

Van der Walt E

Shedding our shades (coloured glasses) – Is there such a thing as culture-free or
culture-fair tests?
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Natal, Durban
September 2000

Van der Walt E & Jacobs M

Student awareness of learning and non-academic risk factors which may impinge on the
ability to learn
Conference of Higher Education Close-Up 4 (HECU-4), Cape Town
2008

Publications: Journals
(* indicates publication in a DoE accredited journal)

De Villiers A.B.

The use of dynamic assessment in the prediction of academic performance. Paradigms,
No. 5, November 1997.

* Disadvantaged students: Analyzing the zone of proximal development. South African

* An evaluation of meta-learning in a first year student development program. South

* An evaluation of the use of experiential learning in a counseling skills programme.

Nyewe K.

* Nyewe, K & Green, L. (1999) The attitudes of some South African parents towards
inclusive education of their children with mild to moderate mental disabilities. African
Journal of special Needs Education, Vol 4 no 1

* Belknap, M; Roberts, R & Nyewe, K. (1999) Informal sources of learning support in
Louw M


Internal Reports

Petersen C & De Villiers A B

Research reports on the predictive validity of a battery of standardized assessment tests at the Peninsula Technikon

Smit EH

Research reports on selection profiles and the predictive value of the selection and placement procedure of applicants to the Cape Technikon.

Postgraduate Degrees Co-supervised

De Villiers A B

Co-supervisor of MTech dissertation in Radiography, 2009
Venter D: An investigation into the role of spatial three dimensional thinking in Radiography

De Villiers A B

Co-supervisor of MTech dissertation in Horticulture, 2005
October JRV: The design of a horticulture therapy model and a practical plan for a horticulturist interacting with a healthcare worker

Research Funds

<table>
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<tr>
<th>NRF Funding</th>
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<tr>
<td>Researcher</td>
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<td>Petersen C</td>
<td>100 000</td>
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EUROSA Erasmus Mundus (Ema2sa) Grants

Petersen C

Grant for research at the University of Bologna, Italy on PhD (UNW) from 1 February to 31 March 2012 in the field of psychology: adolescent aggression and cyber bullying.

Afrika-Mabuto N
Grant for research at the University of Berlin, Germany on PhD (UCT) from 1 October 2012 to 31 July 2013 in the field of psychology: relationships and gratitude.

**Van Sitters-Mintoor J**

Grant for visit at the University of Bologna, Italy from 1 October to 1 November 2013 in the field of psychology: cyber bullying.

**Petersen C**

Grant for visit to Republic of Czech for research on PhD (UNW) from 1 March to 31 May 2014 in the field of psychology: violence and identity.

### RESEARCH AUDIT

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<th>STAFF MEMBER</th>
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<td>Spirituality (sixth sense, intuition, guidance by higher self)</td>
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<td>Amith Ramballie</td>
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<td>Hypnosis and NLP</td>
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</table>
| Delcia Liedeman-Prosch | Transformation at universities: experiences of students and staff  
|                       | Group dynamics  
|                       | Empowering women |
| Khwezi Nyewe          | Sexual attitudes and HIV/AIDS knowledge and sexual behaviour of students (young adults) living in University residents  
|                       | Life skills project |
| Janine van Sitters    | Holistic wellness for all  
|                       | Lifeskills for young adults  
|                       | Emotional intelligence  
|                       | Affective disorders  
|                       | Dealing with PTSD |
| Heidi Wichman         | The impact and experience of sexual violence, HIV status, disability, trauma, and how it affects the students’ ability to cope.  
|                       | Prevention of mental health problems/ developing wellness promoting behaviour |
| Zain Julies           | Career planning  
|                       | TA  
|                       | PhD studies |