

STUDY MATERIALS AND PURCHASES 2016

B. TECH: NURSING: PRIMARY HEALTH CARE

1. Clinical equipment

Clinical equipment must be purchased by you and must be present during the physical assessment block (18 – 29 January 2016).

1.1. Equipment required:

- Patella Hammer
- Digital Thermometer
- Diagnostic set (Ophthalmoscope & Otoscope)
- Littman light weight stethoscope
- Standard in pocket Sphygmometer
- Penlight

2. Prescribed and Recommended books

2.1. Prescribed books Primary Health Care 4

Prescribed books must be purchased by you and must be present during the physical assessment block (18 – 29 January 2016).

- Bickley, I.S. and Szilagy, P.G. 2009. *Bates' Guide to Physical Examination and History Taking*. New York: Walters Kluwer/Lippencott Williams & Wilkins.
- Ireland, J.D. Power, D.J. Woods, D.L. Desai, F. 2006. *Paediatric Primary Health Care*. Cape Town: Oxford University Press.
- Department of Health. 2008. *Standard Treatment Guidelines and Essential Drugs List*. Essential Drugs Programme South Africa. Primary Health Care. Pretoria: Department of Health.

- Primary Clinical Care Manual. 2005. A practical guide for primary health care personnel in the clinical setting. 4th Edition. Parow: Jacana.
- Saxe, N. Jessop, S. Todd, G. 2007. *Handbook of dermatology for primary care*. New York: Oxford University Press.
- South African Medicines Formulary. 11th ed. 2014. Division of Clinical Pharmacology, Faculty of Health Sciences, University of Cape Town. Health and Medical Publishing group of the South African Medical Association.
- Waughn, A., Grant, A. 2006. Ross and Wilson. *Anatomy & Physiology in Health and Illness*. Edinburgh: Elsevier Publishers.
- Waughn, A., Grant, A. 2006. Ross and Wilson. *Anatomy & Physiology. Colouring workbook*. 4rd Edition. Edinburgh: Elsevier Publishers.
- Dreyer, M. Hattingh, S. Lock, M. 2001. Second Edition. *Fundamental Aspects of Community Nursing*. Johannesburg: International Thomson Publishing (Southern Africa) (Pty) Ltd *
- Dennill, K. King, L Lock, M. Swanepoel, T. 2000. *Aspects of Primary Health Care*. 2nd edition. Cape Town: Oxford University Press. Halfway house: Southern Book Publishers (Pty) Ltd. *

3. Recommended books

- Brink. H. J. 2006. Revised by Christa van der Walt. *Fundamentals of research methodology for health care professionals*. Cape Town : Juta & Co. Ltd.
- Burke, M.B. 1997. *Gerontology Nursing Holistic Care of the Older Adult*. 2nd ed. St Louis: Mosby.
- *Department of Health. 1997. *White paper for the transformation of the Health System in South Africa*. Government Gazette. Vol. 382. No 17910. April 16. *
- Obtainable at Government Printers at 90 Plein Street Cape Town. Ph: 420 1072.
- Gilbert, I. Selikow, T. Walker, I. 2010. *Society, Health and Diseases*. An Introductory Reader for Health Professionals. Johannesburg: Ravan Press/ Macmillan.
- Kalula, S., Khalil, D., Perold, A., Ross, K. J.B., de Villiers, I. and van Niekerk, S. *Nursing Care for the Older person. A practical Approach*. 2011. Cape Town: Pearson.

