STUDENT COUNSELLING STAFF RESEARCH OUTCOMES

Postgraduate Degrees

Afrika-Mabuto N

M Psych, University of Western Cape
Developing democratic virtues: Priorities and practices of selected secondary educators in the Cape Town Metropolitan area.

De Villiers A B

MA Clinical Psychology, University of Stellenbosch, 1982
A cognitive behavioural approach to the treatment of neurotic depression.

De Villiers A B

PhD, University of Cape Town, 1999
Disadvantaged students’ academic performance: Analyzing the zone of proximal development.

Liedeman-Prosch D

M Psych, University of Western Cape, 2003
The experiences of women who encounter emotional/psychological abuse by their male partners

Louw M

MA Clinical Psychology, University of Stellenbosch

Louw M

DPhil, University of Stellenbosch, 1999
The development of a comprehensive psychotherapy model for self-actualization problems during the midlife transition

Naidu G

M. Soc Sc (Counselling Psychology), University of Natal, 2001
Self esteem in Zulu speaking rural children: A comparative study using Self Esteem Cooper Smith Inventory

**Nywew K**

MA Educational Psychology, University of Western Cape
The attitudes of some South African parents towards inclusive education of their children with mild to moderate mental disabilities

**Petersen C**

MA Educational Psychology, University of Western Cape
Social support of parents with mentally handicapped children in the Western Cape

**Ramballie A**

MA Counselling Psychology, University of Zululand
SAPS: Spillover of organizational culture from work to home environments

**Smit E H**

MA Counselling Psychology, University of Stellenbosch, 1996
The prediction of academic achievement and career satisfaction in the selection of students in Civil Engineering at the Cape Technikon

**Van Sitters, J**

M. Psych, University of Western Cape
Hegemonic masculinity and intimate partner abuse: A Qualitative psychological study

**Wichman, H**

M. Psych, University of Western Cape
Stigma within health care settings: an exploration of the experiences of people living with HIV/and Aids (PLWA's).

**Conference Workshops**

**Ramballie A**

Violence on university campuses: A consideration of the instances, impact and the intervention.
29th Conference of the Southern African Association for Counselling and Development (SAACDHE)
Durban, 1 - 4 September 2008
Training in the Interpersonal Skills Model of Robbins and Hunsaker (1996) as a proposed model for effective life skills training of students – A practical experience
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Natal, Durban, September, 2000

Van der Walt E

Battle of the batteries – Bounding boundaries
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Natal, Durban, September 2000

Conference Posters

De Villiers A B

Positive psychology, emotional wellness and learner development.
29th Conference of the Southern African Association for Counselling and Development in Higher Education (SAACDHE)
Durban, 1 – 4 September 2008.

De Villiers A B

The use of metaphor in counseling a diverse student population.
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Stellenbosch, Stellenbosch, 2003.

De Villiers A B

Ripples of influence: Extending the reach of the Counselling Service.
Annual conference of the South African Society of Student Counsellors (SSCSA)

De Villiers A B

The role of Student Counselling in learner support and development.
Conference of the Western Cape Education Department
Cape Town, 2000.

De Villiers A B

Disadvantaged students’ academic performance: Analyzing the zone of proximal development.
Conference of the International Society for Cognitive Education
University of Stellenbosch, Stellenbosch, 1997.
**De Villiers A B**

The role of Student Counseling in an academic development programme.  
Annual conference of the South African Society of Student Counsellors (SSCSA)  
University of Cape Town, Cape Town, 1991.

**De Villiers A B**

Meta-learning.  
Annual conference of the South African Society of Student Counsellors (SSCSA)  
Port Elizabeth Technikon, Port Elizabeth, 1990.

**De Villiers A B & Daniels L**

Focused learner development groups: A case study.  
Annual conference of the South African Society of Student Counsellors (SSCSA)  
University of the Free State, Bloemfontein, September, 2004.

**De Villiers A B & Petersen C**

Identifying risk factors for learner development and support.  
Annual conference of the South African Society of Student Counsellors (SSCSA)  
University of Witwatersrand, Johannesburg, September 2005.

**Hanning YJ**

Multicultural Leadership Foundation Course, An Integrated Model for Student Development.  
Annual conference of the South African Society of Student Counsellors (SSCSA)  
University of the Free State, Bloemfontein, 1998

**Hanning YJ**

Women in Engineering: What inspires them?  
Colloquium: Empowering Women in Engineering and Technology  
Tunisia, 6-8 June 2007.

**Petersen C, Afrika-Mabuto N, Baca, P**

Implementing the Myers-Briggs Type Indicator as a strategy to enhance self awareness and learner support  
30th Conference of the Southern African Association for Counselling and Development (SAACDHE)  
Gaborone, Botswana  
14-16 September 2009
Petersen C, Afrika-Mabuto N, Sijula T F & Van der Walt E

Career decision-making model for educators
29th Conference of the Southern African Association for Counselling and Development (SAACDHE)
Durban, 1 - 4 September 2008

Van der Walt E

Comparison between the Academic aptitude test, Subtest 1 and the High level Figure Classification Test at Cape Technikon
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Botswana, Gaberone, Botswana, 1999.

Van der Walt E

Comparing the PTEEP (AARP UCT) with the English/Afrikaans Proficiency test for second language users (HSRC)
Annual conference of the South African Society of Student Counsellors (SSCSA)
2001

Van der Walt E

Regional co-operation – Boundaries crossed and lessons learned (WC regional poster)
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of the Free State, Bloemfontein
September 2004.

Conference Papers

De Villiers A B

Application of positive psychology concepts in student counseling practice: A framework for growing individuals
30th Conference of the Southern African Association for Counselling and Development (SAACDHE)
Gaborone, Botswana
14-16 September 2009

De Villiers A B

Dynamic testing as an alternative to using the matric marks and static testing for selection purposes
Seminar on Admissions and Assessment
University of Western Cape
Cape Town, 2000.
De Villiers A B

Disadvantaged students’ academic performance: analyzing the zone of proximal development.
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Botswana, Gaberone, Botswana
September 1999.

De Villiers A B

An analysis of students’ adaptation to higher education.
Conference of the International Council of Psychologists.
Taipei, Taiwan
1995.

De Villiers A B

Disadvantaged students: Analyzing the zone of proximal development.
International Conference on the First Year Experience.
Dublin, Ireland
1994.

De Villiers A B

Student learning: Learning to learn.
Seminar of the teaching and learning subcommittee of the CUP
University of South Africa, Pretoria

De Villiers A B

The role of Student Counseling in providing experiential learning (Cooperative Education) to students.
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Witwatersrand, Johannesburg
1988

De Villiers A B, Van der Walt & Dabula P

Being pro-active with positive results: evaluating the effectiveness of an individual counseling service.
Annual conference of the South African Society of Student Counsellors (SSCSA)
Van der Bijlpark North West
September 2007.

Hanning Y
Strategies for achieving well-being for non-clinical populations
29th Conference of the Southern African Association for Counselling and Development (SAACDHE), Durban
1 - 4 September 2008

Hanning Y

Ex-political prisoners and their families: An account of their personal experiences
Peace Visions Seminar
Cape Town
1995

Hanning Y

Multicultural Leadership Foundation Course, Research Findings and Curriculum Design
NASPA Conference
New Orleans, USA
1999

Hanning Y

Student Counsellors: Change Agents within the Africa Renaissance
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Botswana, Gaberone, Botswana
September 1999

Hanning Y

Cognitive-behavioural factors that contribute to gender specific sexual behaviour
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Stellenbosch, Stellenbosch
September 2003

Hanning Y & Handley P

Understanding the development of identity within a postcolonial learning environment
Seminar of Department of Behavioural Sciences, Centre for Constructions & Identity
University of Huddersfield
2000

Hanning Y, De Villiers A B & Petersen C

Contextualizing life skills for foundation engineering students.
Annual conference of the South African Society of Student Counsellors (SSCSA)
Mpekweni Beach Resort, Eastern Cape
Nyewe P

The relationship between sexual attitudes, sexual knowledge, sexual behaviour and demographic variables among adolescents attending further education and training institutions in Cape Town
30th Conference of the Southern African Association for Counselling and Development (SAACDHE)
Gaborone, Botswana
14-16 September 2009

Smit EH

The responsibility of Student Counsellors towards interpersonal skills development of Students: The Cape Technikon Experience
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Natal, Durban
September 2000

Smit EH

The evaluation of possible change in inter-cultural awareness among students who attended a peer help training programme
Annual conference of the South African Society of Student Counsellors (SSCSA)
PE Technikon, Port Elizabeth
September, 1997

Smit EH

Admission: Evaluating the prospective students to enable suitable channeling
Annual SAAAD Conference
University of Western Cape, Cape Town
1997

Smit EH

An outline for implementing or improving selection procedures for prospective students
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Zululand
September, 1992

Smit EH

Student Counselling: Timeous identification of students at risk of drop-out or poor academic achievement and appropriate retention interventions
Summer Institute: Faculty of Engineering
Cape Technikon
Cape Town, 2004

**Smit EH & Van der Walt E**

Diverse challenges to Student Counselling: Participation in a student retention project
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Stellenbosch, Stellenbosch
September, 2003

**Van der Walt E**

Shedding our shades (coloured glasses) – Is there such a thing as culture-free or culture-fair tests?
Annual conference of the South African Society of Student Counsellors (SSCSA)
University of Natal, Durban
September 2000

**Van der Walt E & Jacobs M**

Student awareness of learning and non-academic risk factors which may impinge on the ability to learn
Conference of Higher Education Close-Up 4 (HECU-4), Cape Town
2008

**Publications: Journals**
(* indicates publication in a DoE accredited journal)

**De Villiers A.B.**


**Nyewe K.**


Louw M

The fear of change and uncertainty – how to live after being diagnosed with breast cancer

www. Health 24.com

Internal Reports

Petersen C & De Villiers A B

Research reports on the predictive validity of a battery of standardized assessment tests at the Peninsula Technikon 2001 - 2003

Smit EH

Research reports on selection profiles and the predictive value of the selection and placement procedure of applicants to the Cape Technikon.

Postgraduate Degrees Co-supervised

De Villiers A B

Co-supervisor of MTech dissertation in Horticulture, 2005
October JRV: The design of a horticulture therapy model and a practical plan for a horticulturist interacting with a healthcare worker

De Villiers A B

Co-supervisor of MTech dissertation in Radiography, 2009
Venter D: An investigation into the role of spatial three dimensional thinking in Radiography
## RESEARCH AUDIT

<table>
<thead>
<tr>
<th>STAFF MEMBER</th>
<th>RESEARCH INTEREST AREA</th>
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</table>
| Abie de Villiers      | Impact studies/effectiveness of programmes & services  
                        | Role of emotions in thinking & learning  
                        | Positive psychology, brief therapy models  
                        | Life skills development project |
| Elisabet Smit         | Impact studies  
                        | Quality assurance (SAACDHE)  
                        | Development of life skills training material (workbooks, self-help)  
                        | Spirituality (sixth sense, intuition, guidance by higher self)  
                        | Life skills development project |
| Melleta Louw          | Affect disorders  
                        | Spirituality  
                        | Analytical psychology (Jung)  
                        | Gender issues |
| Charlene Petersen     | Gestalt therapy  
                        | Development of the self  
                        | Enhancing resilience  
                        | Peer help project  
                        | Life skills project |
| Nthabi Afrika-Mabuto  | Emotional intelligence  
                        | Critical factors in sexuality education  
                        | Forgiveness therapy  
                        | Life skills development |
| Amith Ramballie       | Life skills development project  
                        | Hypnosis and NLP  
                        | Spirituality  
                        | Career development  
                        | Suicide prevention  
                        | Trauma debriefing  
                        | Peer help project |
| Giselle Naidu         | Emotional wellness and management  
                        | Mental health needs of international students  
                        | Lifeskills development project |
| Delcia Liedeman-Prosch| Transformation at universities: experiences of students and staff  
                        | Group dynamics  
<pre><code>                    | Empowering women |
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<table>
<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Khwesi Nyewe</td>
<td>Sexual attitudes and HIV/AIDS knowledge and sexual behaviour of students (young adults) living in University residents Life skills project</td>
</tr>
</tbody>
</table>
| Janine van Sitters | Holistic wellness for all  
Lifeskills for young adults  
Emotional intelligence  
Affective disorders  
Dealing with PTSD |
| Heidi Wichman      | The impact and experience of sexual violence, HIV status, disability, trauma, and how it affects the students’ ability to cope. Prevention of mental health problems/ developing wellness promoting behaviour |