1. **Clinical equipment**

Clinical equipment must be purchased by you and must be present during the physical assessment block (18 – 29 January 2016).

1.1. **Equipment required:**

- Patella Hammer
- Digital Thermometer
- Diagnostic set (Ophthalmoscope & Otoscope)
- Littman light weight stethoscope
- Standard in pocket Sphygmometer
- Penlight

2. **Prescribed and Recommended books**

2.1. **Prescribed books Primary Health Care 4**

Prescribed books must be purchased by you and must be present during the physical assessment block (18 – 29 January 2016).


3. Recommended books


**Nursing Update**

- American Journal of Community Nursing

**South African Medical Journal**

- Continuing Medical education

**Health and Hygiene**

- Other relevant Journals

You-tube for physical examinations

Other notes. From time to time, lecturing notes will be handed out.