

STUDENT SAVIOURS

Woman pelted with a rock owes them her life

BY LAUREN KANSLEY

They may only be half way into their first year but that didn't stop two first year Emergency Medical Technician students from stopping to save a life.

Janine Baartman who works as a cleaner at UWC was bleeding from a deep wound on her head after someone on a passing train pelted her with a rock while she walked home along Symphony Way on May 16.

Luckily for her Mishqah Williams and Uzair Solomon drove by minutes later and stopped to assist. In a second stroke of good luck a passing motorist handed them a first-aid kit which contained gloves, gauze and everything else they needed to treat the patient.

The 18-year-olds worked as a team to stabilize the woman who was slipping in and out of consciousness.

"We moved her into the recovery position and Mishqah kept asking her questions so that she could stay awake," Uzair explains.

Witness Gertie Van Staaden, 60, who walks home with Janine most days and works as a cleaner in the CPUT clinic says she ran into the road to stop a car for help.



HEROES: Uzair Solomon and Mishqah Williams used their emergency medical care knowledge to save a life



WITNESS: Gertie Van Staaden jumped into on-coming traffic to help her friend



VICTIM: Janine Baartman owes her life to the EMT students

"The cars were driving past until they stopped and I saw it was two of CPUT's kids. I just want to tell them how grateful we are that they stopped and they must continue on with their studies and help more people like this every day," she says.

Mishqah says the adrenaline rush from helping Janine convinced her the career she chose is the right one. "It's like in the moment I remembered everything I had been taught," she says. "I'm glad we could help."

The student's lecturer Nuraan

Liebenberg says she is very proud of Uzair and Mishqah. "They implemented everything they learned here in class," she says.

"I just want to tell them how grateful we are that they stopped and they must continue on with their studies and help more people like this every day"

Janine says she is grateful to Uzair, Mishqah and Gertie for helping to save her life.

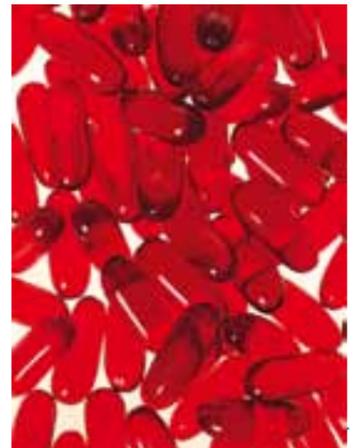
"Thank you very much for everything you did to help me," she says.

What's Inside



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UPCOMING EVENTS

5 June

Blackboard Training

20 June

Conference on Mechanical, Manufacturing and Materials Engineering

26 June

Joint conference on Science and Technology for development in Africa

27 June

Research Writing



Banyana Star

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SPACE LAUNCH

CPUT satellite almost ready to take off

BY CANDES KEATING

CPUT is cementing its reputation of being at the forefront of Africa's space science and technology industry as it prepares to launch the continent's first cubesat.

Thanks to the continued support of the Department of Science and Technology, the university was recently awarded R1.7 million to send ZACUBE-01 to space.

F'SATI Deputy-Director, Professor Robert van Zyl, who is driving CPUT's space activities, welcomes the funding and continued support from the DST and says this is a huge milestone for CPUT.

And with the launch set to take place in mid-October at a Russian Launch Base, all hands are now on deck to put the finishing touches to ZACUBE-01. Van Zyl says during the next few

months they will prepare the satellite for space, a process termed "space qualified."

Lecturer Francois Visser, says this process involves exposing the satellite to a simulated space environment, where they will conduct several test, ranging from temperature to vacuum test.

RESEARCH

"All these processes are to make sure the satellite survives in this environment," he says.

Once injected into space, CPUT will make contact with the satellite from its ground station, which has been set up at F'SATI's premises on the Bellville campus.

Various data will be collected from the satellite and used for further research in areas ranging from space science to space weather.



MILESTONE: ZACUBE-01 measures 30x10x10 and weighs three kilograms.

Web Training Latest

BY LAUREN KANSLEY

CPUT staff members with a flair for the web will now be able to manage and update their own content on the institutions website.

As part of the New Web Environment Project (NWEPE) that saw the launch of CPUT's new website in 2010, a Content management system has been implemented to allow staff members to manage their own department's web presence.

After completing an introductory course on web writing and basic content management, staff members will go through a period of monitored web edits and updates.

Once they have proven themselves competent, they may enrol for an advanced course, after which they will be able to create their own content on the CPUT website.

"It has taken a while to get to this point, but now the wheels are rolling towards decentralized content management for the identified CPUT staff members", says Prof Melius Weideman, who played a central role in the NWEPE project.

The first group of staff members received their training in May.

Departments interested in managing their own web content can contact Marick Hornsveld, CPUT's Web Editor at hornsveldm@cput.ac.za or **021 959 6614**.

Solar Saver

Students develop innovative water heaters

BY CANDES KEATING AND THAMI NKWANYANE

South Africans could soon be saving thousands of rands with the development of a low-cost solar water heater.

This device is the brainchild of CPUT Engineering students and their counterparts at The Hague University in the Netherlands, who are participating in the ShuShu Shine project.

The project, launched in 2010 looks at innovative ways to provide affordable warm water to poor and middle-income South African communities. Recently the group installed a prototype at The Indlovu Project Building in Khayelitsha that houses a crèche and clinic.

SAVINGS

CPUT student and group leader, Justin Johnson says this prototype is an improved version of the one they installed in the Belhar community centre last year.



ENERGY SAVER: Student fit the solar water heater at a building in Khayelitsha

He says the device is cost effective and easy to install and if put on the market will be a self-assembled kit. It also does not contain copper, thus has no theft

value. With 40% of electricity in a household used by geysers, Johnson says consumers must move towards solar heating. And Dutch student Leonie De

Kleijn agrees. "There is a good future for solar water heaters in South Africa," she says.

"A Camps Bay homeowner who installed the system has slashed his electricity bill by R6000 per month."

The students also prepared a hybrid system for more affluent communities that can warm swimming pools.

Dutch lecturer Damon Hassanpur Golriz, says a Camps Bay homeowner who installed the system has slashed his electricity bill by R6000 per month.

CPUT lecturer, Fareed Ismail, a driving force behind the project, says he is proud of the students and the hard work they put into the project.

Ismail says the CPUT group will travel to The Netherlands in July to conduct further work on the solar water heaters.

TRAINING

The mid-year break between 29 June and 23 July is the perfect opportunity to sign up for that training course you've been putting off.

Check your Learning and Development Prospectus for what is lined up or contact Nadine Waterwitch at **021 959 6064** for more information.



Table Of Unity Success

Students praised for professionalism

BY LAUREN KANSLEY

For the fifth year running students from the Cape Town Hotel School have volunteered their time and effort to the annual Table of Peace and Unity event.

The event went off without a hitch thanks to the hard work of over 100 students and staff who worked tirelessly in both front and back of house.

While the desert course of baked cheesecake brownie, chocolate truffles and raspberry coulis prepared by CPUT students and lecturers was an instant hit the efforts of first year front of house staff didn't go unnoticed either.

Functions and Marketing Co-ordinator Luke Van Rensburg says people seldom realise how much hard work goes into prepping a venue and keeping guests happy.

IMMACULATE

"We spent around 10 hours at the venue the day before polishing cutlery, doing table settings and folding napkins.



SERVICE: Some of the CPUT students working behind the scenes

They worked tirelessly to make sure that table was immaculate," he says.

"And on the day for many of the students this was their first time actually working as a waitress or bartender. They all performed exceptionally and we are so proud of them."

Van Rensburg says if the Cape Town Hotel School students did not volunteer at the event organisers would have to pay thousands for professional help. "Their help means so much more money can go to the charities who really need it."



DIGNITARIES: Mayor Patricia de Lille, Dr Mamphela Ramphele and Jane Rapaely break bread at the Table of Peace and Unity

Advantageous Advertising

Graduates snapped up for new agency

BY LAUREN KANSLEY

Four CPUT Graphic Design graduates are giving Cape Town's newest communications agency its creative edge.

OFyt stands for Old Friends Young Talent and pools over 100 years of advertising experience with enthusiastic young graduates like Nicole Harding, Azola Dyonta, Marvel Mutshina and Litha Ntemeza.

Azola, Marvel and Litha were selected by lecturer Margaret Bezuidenhout as potential candidates for a flagship OFyt internship aimed at giving previously disadvantaged youngsters a leg up into the competitive advertising world.

Nicole applied independently and earned her place with her excellent grasp of new media.

OFyt partner Jono Shubitz says CPUT graduates hold their own against students from expensive advertising schools.

"CPUT students were excellent. I saw lots of portfolios when recruiting for the agency and theirs stood out. It's obvious they were well lectured and prepared for industry," he says.

Schubitz says while the students are being offered an amazing opportunity it is really OFyt which benefits the most.

"They bring an enormous amount of energy and insight into their different life experiences," he says.

After only one month of business the agency has already attracted accounts like ADT and SA celebrity chef Justin Bonello.

Litha says OFyt's ethos of local is lekker resonates with him. "The local advertising industry is very Eurocentric and we don't really represent SA culture very well," he says.

A 26% stake in the company will be kept in trust and used to make sure plenty more graduates like Litha, Azola and Marvel walk through OFyt's door in the future.



YOUNG TALENT: Marvel, Litha, Nicole and Azola (front) are the hottest hires at new ad agency Ofyt

Welcome

Dear Reader,
The front page story of the two CPUT students who stopped to save a life should be an inspiration to us all.

These students had only covered the very basics of emergency care but handled themselves like true professionals in the face of a crisis.

The LeadSA initiative being spearheaded by newspapers and radio stations encourages every South African citizen to lead through example and Janine Baartman's story is a classic example of this.

Apart from Uzair Solomon and Mishqah Williams another staff member Gertie Van Staaden also went the extra mile by risking her own life to stop passing cars for help and immediately calling for help.

The mystery woman who handed the students a first aid kit then disappeared before she could be thanked should also be commended.

However we don't need to LeadSA in big ways every day.

Simple things like answering a colleagues phone when it rings, passing on messages or stopping to offer directions to a lost person can make a big difference.

With a huge community of well over 30 000 staff and students it's easy to get lost in the crowd.

However every one of us has a very important function to fulfill in making this good university of ours truly great.

We want to feature your stories in the CPUT Bulletin, Official Facebook page and on the institution's web page. If your staff or students are doing exceptional things email Candes Keating or Lauren Kansley in the Communications Office and we'll get back to you.

The Editorial Team



Consolidation on track

Phase 6 rolls out

BY CANDES KEATING

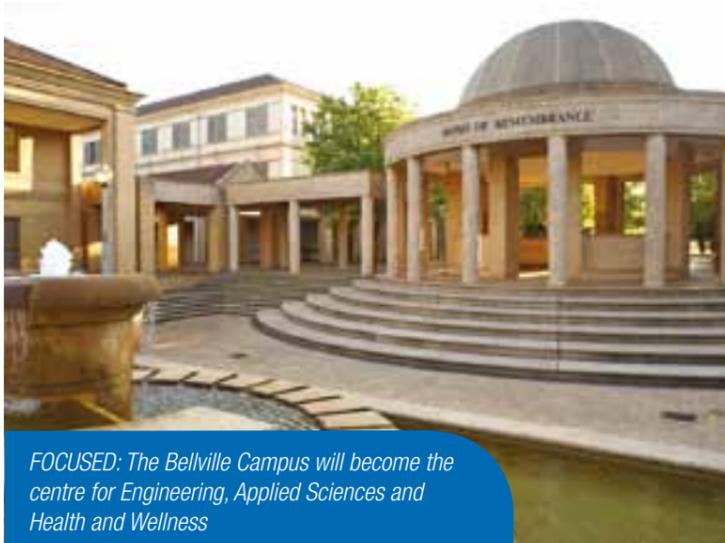
The largest and most important project in the history of CPUT, the Consolidation, is still on track.

This multi-million rand process, which is being funded by the Department of Higher Education and Training (DHET) and out of CPUT coffers, is now heading towards Phase 6.

This process, which began in 2007, involves synergizing all operations, of the former Cape and Peninsula Technikons. Deputy Vice Chancellor for Academic, Prof Anthony Staak, who is spearheading this process, says CPUT has applied for an Infrastructure and Efficiency Grant at the DHET that will partially fund Phase 6. Up to now, DHET has funded R320m towards this process, with CPUT topping it up with R220m.

MULTI-MILLION RAND

The bulk of funds were spent on infrastructure such as building residences and new academic



FOCUSED: The Bellville Campus will become the centre for Engineering, Applied Sciences and Health and Wellness

buildings, as well as renovating existing facilities. "Consolidation is not just a straightforward process. For example we had to convert labs into classrooms and do a lot of refurbishment," he says.

Staak says Phase 5 of the Consolidation process involved some of the most strategic moves. This included consolidating the Engineering Faculty at Bellville, the construction of the Engineering and Food Technology facility as well as the consolidation of the

Business Faculty on the Cape Town campus.

The Education Faculty in Bellville has also moved its operations to the Mowbray Campus, which is currently undergoing a multi-million rand extension.

SPACE

Prof Staak says R23m has been allocated to revamp the Bellville Education Facility in order to house Health and Wellness and Applied Science

departments currently located in the city. "Our next priority is to free up space on the Cape Town campus," he says.

"Consolidation is not just a straightforward process. For example we had to convert labs into classrooms and do a lot of refurbishment"

Phase 6 will also see the consolidation of the Informatics and Design Faculty on the Cape Town Campus that currently has departments in Bellville and the Foreshore. The Design Building at Bellville Campus will change hats and become a Science hub, housing the Faculty of Applied Science.

Staak says there are currently two more phases left and if all goes as planned Mowbray will house the Education Faculty while Cape Town campus will become the Design and Business hub. The Bellville campus will be the center for Engineering, Applied Sciences and Health and Wellness.

Problem solvers

BY CANDES KEATING

Post graduate Engineering students were urged to be effective problem solvers and approach their chosen career with a positive attitude.

These wise words came from Prof Raj Chhabra, a lecturer from the Indian Institute of Technology in Kanpur, who delivered a talk on critical thinking skills at a recent Engineering Post Graduate Seminar.

The seminars held every Wednesday at the Bellville Campus, aims to encourage debates and discussions amongst Engineering students. Prof Chhabra says engineers play a vital role in the manufacture of things we use and need in everyday life and are key players in growing a country's economy.

With such responsibilities resting on engineers, he says students should go out into the industry and not be passive. He encouraged the future graduates to not shy away from engineering problems, but to tackle it head on and make a meaningful contribution to society. For notices on the Post Graduate Seminars consult the CPUT Events Calendar on the university webpage.

Spotlight on Transformation

BY CANDES KEATING



LEADERS: Dr Somadoda Fikeni and Vice-Chancellor Prof Vuyiswa Mazwi-Tanga.

CPUT's first Transformation Indaba Workshop was hosted recently.

Director of the Eastern Cape Development Corporation, Dr Somadoda Fikeni told the audience that South African academic institutions must focus on creating environments and institutional cultures that allow staff members and students to feel appreciated regardless of their background, heritage or colour.

"Whiteness and blackness is not a problem. Indianess and Colouredness is not a problem. We must be proud of our

diversity," he says. "Look at breaking down walls of race and ethnicity. I know it is not easy."

He also warned universities against fostering political projects or ambitious under the banner of transformation saying these would kill any institution.

FORWARD

"Political parties will divide institutions just in order to increase their numbers. Once you allow institutional leadership to service external agendas, the institution will suffer," says Dr Fikeni.

Vice-Chancellor Prof Vuyiswa Mazwi-Tanga says the workshop is a way of driving transformation forward at the institution.

"This is an exercise informed by trying to get our university to grips with what we mean by transformation," she says.

If all goes as planned the final Transformation Document will be presented to Council in June.

Where You Fit In

Registrar explains university structures

BY LAUREN KANSLEY

In a community of over 30 000 people it can be confusing trying to understand where everyone fits in.

Registrar Nikile Ntsababa wants to de-mystify the roles of various committees so that each and every staff member understands how the university functions.

Ntsababa says staff members often mistakenly believe that decisions are taken at whim by management when in fact everything from fees to salaries are exhaustively consulted at all levels.

CPUT's Council is the institutions highest decision making body and comprises of 30 individuals from within the institution and outside. It is headed up by the Chairman Mbulelo Bikweni.



HEAD: Chair of Council Mbulelo Bikweni

Outside Council members are elected by a number of structures like the City of Cape Town and even the Premier. These members do not get paid for their service and meet about five times a year.

A number of joint committees report to council on issues like finances and infrastructure issues. Senate falls just under Council and is the highest academic decision making body in the University comprising all Heads of Departments, Professors and Deans.

Discussions around new programmes and admission

requirements are debated at this level.

The Institutional Forum (IF) represents all university stakeholders like students, management, administrative and academic staff and alumnus.

The IF ensures the university is complying to all constitutional issues like transformation and language policies.

CPUT like every university in the country is accountable to the Minister of Higher Education.



Digital classroom

Lecturers praise new application

BY CANDES KEATING

From blogs to completing tests online, lecturers at CPUT are embracing technology and revolutionizing teaching and learning at the institution.

And the evidence is in the high number of lecturers who are signing up for Learner Management System (LMS) training at the Centre for e-Learning.

In the past two years training figures have doubled from 230 to well over 400.

The LMS utilises the Blackboard Learn Application that offers a variety of online teaching and learning features.

Some of the features allow lecturers to set up online test for students that are automatically marked by the system.

Lecturers also no longer need to struggle with formulas and

spreadsheets as the system does all the grading calculations.

Blackboard Trainer Jody Boltney says the days of struggling with broken printers, messages that do not reach students and missing assignments are fast coming to an end through the use of the LMS.

EASY

It also allows students to upload assignments to the system and receive online feedback from lecturers, participate in blogs and other new media facilities.

“As a university of technology in the 21st century it is important for academics to embrace technology”

Blackboard trainer Antoinette van Deventer says many of the lecturers are surprised at how easy the system is and are now realizing they can save time and

engage their students more effectively.

Lulama Siyotywa an instructional designer says as a university of technology in the 21st century it is important for academics to embrace technology.

Lecturers and students can access the system anywhere they have access to the internet.

For more information on LMS training contact the Centre for e-Learning at **021 464 7200**.



TECHNOLOGY: CPUT students and lecturers are benefitting from the Learner Management System

Business Faculty links with Prestigious Centre

BY JAN WEINTROB

CPUT's Faculty of Business is even more of an industry leader thanks to the acquisition of a new study and examination centre.

The international Chartered Institute of Purchasing and Supply (CIPS) Study and Examination Centre is one of only a handful in Southern Africa.

“Our vision as a Faculty is to be a leading provider of business education in Africa and beyond. We join an elite group of institutions that offer CIPS’ international courses,” says Business Dean Professor Mzikayise Binza.

The CIPS courses will be incorporated into the CPUT’s supply chain management offerings, and CIPS Africa will be represented on the future CPUT Business School’s Board of Advisors.

The Faculty of Business will be presenting the internationally accredited CIPS Programmes from July 2012.

ADVERTORIAL

WIN



OMEGA CARO-E



WIN

Two staff members can each win one bottle of the supplement. Simply email newsflash@cput.ac.za and put the keyword WIN in the subject line



Westerford High Crowned Minquizz Champs

BY LAUREN KANSLEY

The Chemical Engineering Department hosted their annual Minquizz competition for Science and Mathematics matriculants recently.

The event sees 120 learners from 40 schools around the Western Cape, some as far as Langebaan and Bredarsdorp, compete for top honours.

Students first completed a grueling written test then based on their results went to the second round which was an oral exam.

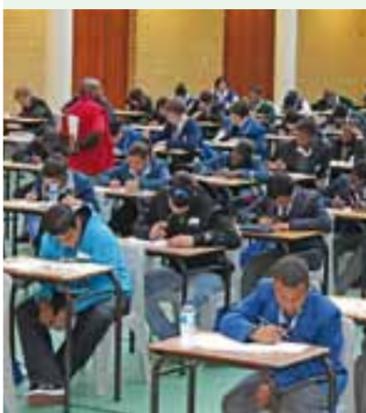
In the end Livingstone, Mondale, Eben Donges, Rondebosch Boys' and South African College School were awarded top prizes.

But the glory was reserved for Westerford High who claimed the number one spot and learner Robert Spencer who scored the highest mark in the written test.

While students sweated it out in the Bellville Campus' Major Sports Hall their teachers were next door in the auditorium listening to an informative chat by physics lecturer Gregory Leigh.

Later on Assistant Dean in the Engineering Faculty Prof Veruscha Fester encouraged the learners to consider chemical engineering as a career option because of the wealth of opportunities it offers.

Event organiser Stephen Wanliss, who is a Technical Officer in the Chemical Engineering Department, thanked everyone for the hard work and especially Mintek for sponsoring the important event.



TOPS: The Maths and Science learners battled it out in the annual Minquizz competition

CRÈCHE REVAMP

Radiography students praised

BY LAUREN KANSLEY

A group of radiography students put their money where their mouths are for a community outreach project.

The third year students gave the Zizamele Educare in Langa a complete revamp- much of it sponsored with their own cash.

Student Andrew Mothibi, 21, says he approached a social worker at Groote Schuur to pin point a needy organisation they could work with.

After identifying the crèche they did a site visit and investigated what needed to be done.

They returned a few weeks later after sourcing sponsorships from Lewis Stores and Timbercity.

Andrew says the crèche desperately needed a paint, new floors, a toilet, new mattresses

and blankets as well as windows. The group then returned to the crèche after classes for a few days to complete the work.

On the last day they threw a party for the children who rewarded

them with a song and dance. "There were times we really wanted to just get done but seeing the smiles on the children's faces at the end made it all worth while," says Andrew.



HAPPY: Toddlers with their party packs



BEFORE



AFTER

Striped Steps

BY CANDES KEATING
PHOTOGRAPH BY CLIVE GALANT

A group of Human Resource students recently rolled up their sleeves to make the Cape Town Student Centre user friendly for visually impaired students and staff members.

Armed with paint brushes and buckets of yellow paint, the students spent an entire morning painting stripes on the edge of steps in the Student Centre.

Disability Unit staff member Delicia de Vos says the stripes on each step will act as a guide for visually impaired students and staff members.

"People like me who are visually impaired have a problem with depth perception. We often misjudge steps and end up falling," she says.

AWARENESS

De Vos says this simple act of painting lines will make a big difference in the lives of visually impaired individuals at the university.

"It just makes sense to have the Student Centre accessible to all," she says.



STEPS: The stripes on each step will act as a guide for visually impaired students and staff members

Student Meagan Damons says painting the steps made her realize how important it is to make changes to the university infrastructure that will benefit disabled students.

Her classmate Nicole Crowley says the painting of the steps is just one of the many initiatives their second year class

participated in to raise awareness on disabilities.

The students also had a personal experience of what it is like being disabled by moving around campus in wheelchairs, being blindfolded, walking with crutches and having an arm immobilised.



BLOOMING GOOD

CPUT Alumnus awarded top farmer prize

BY LAUREN KANSLEY

Horticulture may have been her second career choice but alumnus Jacky Goliath hasn't got a doubt in her mind that she chose the right career path.

The Department of Agriculture, Forestry and Fisheries recently named her female farmer of the year in the commercial division and she scooped an amazing R250 000 plus a further R40 000 in prize money.

The award is also set to skyrocket her small nursery into the big leagues thanks to a government grant which will finally see De Fynne nursery moving to its own land after 11 years in operation.

Jacky owns De Fynne with one of her former Peninsula Technikon classmates Elton Jefthas and it was him who nominated her for the award.

The nursery, which specialises in fynbos is situated in Simondium-Stellenbosch, and supplies huge retailers like Woolworths, Builders Warehouse, Stodels and Starke Ayres with plants like blueberry's, proteas and purple figs.

In fact Jacky is recognisable nationwide because her face adorns all the tags attached to her Woolworths products.

The humble 38-year-old, who originally wanted to study Nature

Conservation, is hoping to complete her Mtech in the near future.

Jacky says she is eager to plough back to CPUT because she has enjoyed a blessed career full of opportunities.

"I can say that my diploma really took me places and now I want to give back," she says.

WEEDS

"And the first thing I would tell the students is that hard work pays off."

Jacky says she is amused at youngster's insistence that they want to be bosses one day. "I can remember learning how to weed for weeks in my first year and we hated that," she laughs. "But today I can show someone how to weed because I know what it involves."



GARDENING GURU: Jacky Goliath at her nursery in Simondium

New Finance Appointment

BY CANDES KEATING



APPOINTMENT: Maresce Geduld-Jeftha, the Director of Finance Operations.

As one of South Africa's leading universities of technology it's no wonder CPUT attracts top professionals in a range of fields.

The latest addition to the CPUT community is Maresce Geduld-Jeftha, who previously looked after the finances at the Department of Justice and Constitutional Development in the Northern Cape.

Geduld-Jeftha, who takes up the position of Director of Finance Operations, comes well qualified – she has worked in finance offices across the globe and has both local and international qualifications. Based at the Bellville Campus, she will head up operations in the Financial Aid, Debtors, Creditors, Payroll and Procurement sections.

She says the move to CPUT allows her to bring together her two passions – finance and education.

"This position will allow me to give support to higher education," she says. Although a university's core function is providing education, Geduld-Jeftha says non academic departments have a vital role to play in order to ensure the smooth running of the institution.

And this is exactly what she plans to do. "My goal is to make the relevant financial systems and processes user friendly in order to ensure that necessary services can be delivered in a timely manner while being mindful of operating within the required regulatory and legislative frameworks."

Green Fingers

Affordable garden solutions

BY CANDES KEATING

From ground cover to shrubs the CPUT nurseries have a good supply of plants for all your gardening needs.

With nurseries at both the Cape Town and Bellville Campuses, CPUT staff members have easy access to a range of plants, all grown and looked after by our Horticulture students.

"Our plants are nurtured here and are of the best quality," says Timothy Jasson, who oversees operations at the Bellville Campus Nursery.

While gardening is an expensive pastime, buying plants at the CPUT nurseries will not make a dent in your monthly budget. The plants, which are all sold in 15 centimeter pots, are all much cheaper than those sold at commercial nurseries.

QUALITY

Jasson says staff members are welcome to visit the nurseries between 8am-4pm and take a look at the various outdoor

indigenous and exotic plants on offer. The nurseries also periodically grow vegetable seedlings.

"Our plants are nurtured here and are of the best quality"

And for the novice gardeners at CPUT, help is at hand. Both nurseries employ horticulture student interns who can offer gardening advice.

Garden tip for winter.

- Prepare your garden soil for Spring by adding a bag of compost and 20 grams of bone meal per square meter.
- Also plant winter bulbs and annual springs for some colour.



FULL BLOOM: The Bellville Nursery has lots on offer for gardeners.



HANDY: The plants are all grown and looked after by Horticulture student interns.



Exercise options

BY LAUREN KANSLEY



STEP UP: Join an exercise class today

There is no excuse for an expanding waistline if you are a CPUT staff member.

Sports Development Officers work hard to ensure a variety of fun activities take place across campuses to keep staff fit and active.

The Bellville aerobics class meets every Monday, Wednesday and Friday at 1pm for 45 minutes. The fun class is attended by men and women and new members, no matter how unfit you are, are always welcome.

In Cape Town the Zumba classes are as popular as ever. Join one on Tuesdays at 15:45 for one hour or on Thursdays at 4pm.

Hip Hop Classes take place on Tuesday and Thursdays and start at 5pm.

In Wellington the aerobics class is open to staff and students. They meet every week day in the gym area alongside F block.

BANYANA STAR

Scouted while playing for CPUT

BY LAUREN KANSLEY

Natural ability and the opportunity to play for CPUT's female soccer team got this talented alumnus spotted by the national squad Banyana Banyana.

As a first year Leandra Smeda was scouted while representing CPUT at the University Sports SA tournament.

After trailing for the Banyana Banyana team she was rewarded with game time and to date boasts 13 international caps.

"At first I was a bit scared because these other players had about 30 caps each," she says. "But then I relaxed and now it's like my family."

The 22-year-old hails all the way from Veldrift along the West Coast and lived on residence in Bellville for the duration of her Food Technology studies.

CHALLENGE

"It has been a challenge juggling studies and my soccer but I am glad I did it," she says.

"At one stage I decided to drop out for a semester just so



VICTORY: Banyana Banyana ace, Leandra Smeda (no 12 shirt) is used to the sweet taste of success

that I could concentrate on my sports."

But Leandra says her lecturers always encouraged her to work toward graduating. "My HOD always told me 'first finish your studies then go play'," she recalls.

"It has been a challenge juggling studies and my soccer but I am glad I did it,"

"I'm glad she did that." She was also the grateful

recipient of a CPUT sponsored sports grant.

Leandra hopes to start her BTech studies next year but for now has decided to dedicate 2012 to soccer.

"We are on training camps each month so it's difficult to work and play at the same time," she says.

"Ultimately one day I would like to specialize in confectionary and work for Nestle."



DOWN TIME: Leandra enjoying a much needed break



CPUT BULLETIN DISCLAIMER

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The Communications Office strives to deliver accurate reporting and interesting stories, but cannot take responsibility for inaccurate information supplied to us by your department. We hope you enjoy the read and look forward to seeing stories from your department next month.

Winning streak

The CATS in top form

BY CANDES KEATING

During the past three months, the CPUT male and female basketball teams have been battling it out to qualify for the University South African Sports Association (USSA) Championship.

The tournament, which takes place in July, will see the best university teams compete for the prestigious title of national champion.

After beating their rivals from the University's of the Western Cape and Stellenbosch, both the male and female teams have secured the opportunity

to show off their skills at the tournament.

DOMINANT

Sports Development Officer, Annelie Swarts says the Cats team has dominated the Western Cape basketball league for the past 10 years, and last year both the men and ladies teams ended third at the USSA tournament.

But this year CPUT teams has their eyes set on the top prize at the USSA tournament, which takes place at the Nelson

Mandela Metropolitan University from 2-6 July 2012.

But it is not only the teams that are doing well, but the driving force behind it.

"Another bonus for the basketball was the CPUT head ladies coach, Kimathi Toboti was selected as the USSA ladies team coach.

He will accompany the South African Student team to the Federation of African University Sports Games in Dakar, Senegal in September 2012," says Swarts.



LEADERS: The Cats male team is on a winning streak.